

Shameless Eating
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Logline: A young girl who wants to change her life is stuck in an unhealthy relationship that might be the reason she dies. She has to do what she can to stay alive and if that means dumping him then she will.

Overeating is the hardest thing ever to try and control, you have to eat to survive. Lucy Jones, 36 is a blue eyed, blonde haired, chubby young girl. She lives in San Francisco, and if you ask her, she can name every restaurant in town. The year is 2013 and the weather is hot. She is trying to change some of her unhealthy habits. One of them is her struggle with food. She went to Burger King the other day and bought a double Whopper with cheese when she got home and ate it, she started sweating and her heart started to pound. She thought she was having a heart attack, so she calls 911. They come out it was just a panic attack. That scared her senseless so she decides she is going to change how she eats, and lives. But there is one problem and his name is CARLOS. Carlos is a drug dealing, car racing, egocentric jerk, but Lucy loves him. The worse thing about him isn't that he is a jerk but he lives life like he has nothing to lose. Lucy can't change her lifestyle because Carlos isn't going to allow it. He is so jealous and won't let her go to the gym because he doesn't want other guys looking at her.

MARIA, Lucy's mom came home early and found Lucy crying. Lucy tells her mom everything that has been going on with her man. She now knows how controlling and abusive Carlos is. Maria tells Lucy she needs to break up with Carlos because she is in a very unhealthy relationship if this is how Carlos is treating her. Lucy thinks maybe she overreacted a little bit and tells Maria it probably wasn't that serious. Lucy decides the best way to get Carlos to like the gym is for him to go with her. Saturday night they plan a date at the gym. Carlos shows up early and waits for Lucy. Lucy's car pulls up and she gets out. Carlos is pissed and she can tell. The way her tight little shorts fit around her thick shaped body was not sitting well with him and she knew it. Before she could even say anything he gives her a dirty ass look. Carlos asks her why she came in those shorts. She tells him she needs to be comfortable. And they start yelling and fighting in front of the gym. Lucy runs to her car to leave, but Carlos opens the car door as she's driving off. And it bends the car door back. Then he kicks the car. Lucy is driving and crying hysterically as she looks back in the rear view mirror all she sees is her loser ass man standing there stomping his feet like a little baby. She finally decides this guy is not the right guy for her.

The past few days have been tough on Lucy. How could she love such a jerk? Better she found out sooner than later how wrong this guy really was for her. Her mom took the week off to help her daughter get through this tough time. Lucy decides its time to get off her ass and do what's best for her. Everyday she's going to the gym for 2-3 hours. She

has been trying to lower her amounts of food little by little. Her ex continually calls her begging for her forgiveness but she isn't feeling it. It's been about 8 months since she broke up with her man, and Lucy has lost 120 pounds, and she feels great! She went to the doctor for a check-up and all is well. Carlos eventually ends up in jail for domestic violence to his new girlfriend. And Lucy marries an awesome fitness instructor from her gym.